

Fox & The Moon Infant Sleep Services - Terms & Conditions

- Fox and The Moon Infant Sleep Services are compliant with the new GDPR policies and guidelines, which came into effect on 25th May 2018 with the purpose of protecting the rights to privacy of all citizens.
- My approach to sleep, my sleep suggestions and techniques are aimed at developing and supporting lifelong healthy sleep habits and supporting positive attachment relationships with parents. My aim is to understand you and your family needs and to put into a place a plan that supports your philosophical beliefs and goals.
- I am a trained, certified/accredited Child Sleep Consultant but I am not medically trained, therefore I do not make medical diagnoses. However, I can support the identification of sleep disorders and suggest when medical support may be necessary.
- Please ensure your child is healthy before working with me and if needed get some advice from a GP or Health Visitor. It is the parent's choice to implement any suggested techniques or strategies and parents maintain full responsibility for their child's health throughout sleep work.
- Parents should ensure that they have a quiet and stable period in which to implement their suggested sleep plan; continuity, stability and persistence are important.
- My approach is unique and based on the response your child gives, I work holistically with you as a family and advise may change, or the plan may alter as our times goes on, I learn more about you as a family and your child. However, the main principles stay the same, I am working with you to help support healthy sleep patterns and to explain my decisions and any changes in full to you and make sure you understand why the changes have been made.
- Often I will recommend you work with other professionals alongside the work we are doing, on the occasion that parents don't take up the recommendation, I reserve the right to pause or discontinue the support until the referral has been taken up. This is because in the case of underlying trauma unless the parents sees the specific specialist

I might be pushing against the child and their trauma possibly creating a cycle of trauma which is tricky for the parent and child.

- All my methods are tried and tested and work for the majority of the families I work with, I cannot guarantee that they work for everyone. If after 1-2 months there are little to no changes in your child/ren's sleep then I would recommend booking a consultation with your GP to ensure that there are no underlying medical conditions.
- In in no event will a refund be offered, if something arises during the time we are working together we can postpone the support until you and your family are in a position to continue.

We/I have read the information above, understand the parent's role in resolving sleep issues, and agree to the Terms and Conditions as stated above.

I/ We understand that the services and programs offered by Emily Whalley are voluntary.

I/we acknowledge that it is our responsibility to follow instructions for any service provided or purchases I/we make and seek further help from Emily Whalley if I/we have questions.

I/we knowingly and voluntarily agree to waive and release Emily Whalley from any and all claims of liability or demands for compensation that I/we may acquire during my/our time working with Emily Whalley.

By making payment to Mrs Emily Whalley you are agreeing and accepting the above terms and conditions.